

NAME OF FINISHED PRODUCT: LOW FAT CHOCOLATE ICE CREAM

School Compliant Mini Melts

Nutrition Facts

Serving Size 71 grams

Servings Per Container 1

Amount per Serving

Calories 110 **Calories from Fat** 20

% Daily Value*

Total Fat	2 g	3%
Saturated fat	1 g	6%
Trans Fats	0 g	
Cholesterol	10 mg	3%
Sodium	60 mg	3%
Total Carbohydrate	20 g	7%
Dietary fiber	0 g	0%
Sugars	19 g	
Protein	3 g	

Vitamin A 0% • **Vitamin C** 0%

Calcium 10% • **Iron** 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Skim milk, sugar, corn syrup, cream, buttermilk solids, cocoa(processed with alkali), mono and diglycerides, cellulose gum, guar gum, polysorbate 80 and carrageenan